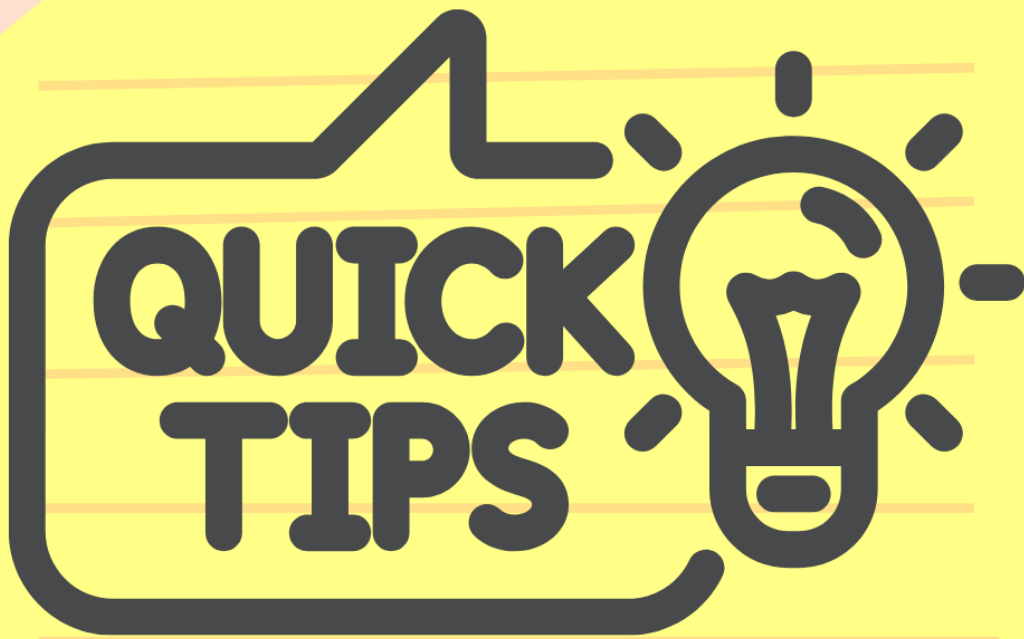




**#STAYSAFE #STAYHEALTHY**  
**#STAYFIT #STAYSANE**  
**@FURAMABUKITBINTANG**

**FURAMA***cares*

# **INTRODUCTION**

Hey guys!

We know it is not easy staying indoors for an extended period of time.

So, we put together a list of activities to help keep you occupied during your stay with us.

We hope it helps!

Looking forward to making your stay with us as positive as possible.

Warm Regards,  
Furama Bukit Bintang

## **STAYING FIT**

- HASFIT - <https://www.youtube.com/user/KozakSportsPerform>
- Cross Fit HQ - <https://www.youtube.com/user/CrossFitHQ>
- Mad Fit - <https://www.youtube.com/channel/UCpQ34afVgk8cRQBjSJ1xuJQ>
- Blogilates - <https://www.youtube.com/user/blogilates>
- PopSugartvfit - <https://www.youtube.com/user/popsugartvfit>
- Chloe's Addiction - <https://www.youtube.com/user/ChloesAddiction>
- Fitness Blender - <https://www.fitnessblender.com/videos>

## **TRAVEL THE WORLD, VIRTUALLY!**

- Visit a Resort - <https://www.youvisit.com/tour/64621>
- Google Earth - <https://www.google.com/earth/>
- Visit the National Aquarium in Baltimore - <https://aqua.org/media/virtualtours/baltimore/index.html>
- Virtual Tour of Museum, Zoos and Theme Parks! - <https://www.goodhousekeeping.com/life/travel/a31784720/best-virtual-tours/>
- Virtual Tour of Museums – <https://www.louvre.fr/en/visites-en-ligne#tabs>

## **CATCH-UP WITH YOUR FAVOURITE SHOWS:**

- Free US TV Channels - <https://ustvgo.tv/>

## **FOR THE BOOKWORMS:**

### **Audiobooks:**

- Audible - <https://stories.audible.com/start-listen>
- Storytel(30 Days Free Trial) - <https://www.storytel.com/>
- OpenCultureFree Audio Books - <http://www.openculture.com/freeaudiobooks>

### **E-Books:**

- Many Books Free E-Books - <https://manybooks.net/>
- Google Bookstore Free & Paid E-books - [https://play.google.com/store/books/collection/topselling\\_free?clp=C\\_hcKFQoPdG9wc2VsbGluZ19mcmVIEAcYAAQ%3D%3D:S:ANO1ljKuey8&gsr=ChkKFwoVCg90b3BzZWxsaW5nX2ZyZWUQBxgB:S:ANO1ljlbX7M](https://play.google.com/store/books/collection/topselling_free?clp=C_hcKFQoPdG9wc2VsbGluZ19mcmVIEAcYAAQ%3D%3D:S:ANO1ljKuey8&gsr=ChkKFwoVCg90b3BzZWxsaW5nX2ZyZWUQBxgB:S:ANO1ljlbX7M)
- International Children's Digital Library - <http://en.childrenslibrary.org/>

# **LEARNING NEVER STOPS!**

## **Online Resources:**

- Brain Pop - <https://www.brainpop.com/>
- Tynker –Coding for Kids - <https://www.tynker.com/>
- Beast Academy - <https://beastacademy.com/>
- Creative Bug - <https://www.creativebug.com/>
- Outschool - <https://outschool.com/>

## **Free Online Learning Websites:**

- [www.relationshipstudio.com](http://www.relationshipstudio.com)
- <https://www.starfall.com/h/>
- <https://www.abcy.com/>
- <https://www.funbrain.com/>
- <https://www.splashlearn.com/>
- <https://www.storylineonline.net/>
- <https://pbskids.org/>
- <https://www.highlightskids.com/>
- <https://kids.nationalgeographic.com/>
- <https://www.coolmath4kids.com/>
- <http://www.mathgametime.com/>
- <https://www.uniteforliteracy.com/>
- <http://www.literactive.com/Home/index.asp>
- <http://www.sciencekids.co.nz/>
- <https://www.switchzoo.com/>
- <https://www.seussville.com/>
- <https://www.turtlediary.com/>
- <https://www.e-learningforkids.org/>

## Skills Upgrade & Certifications

- Code Academy - <https://www.codecademy.com/>
- Solo Learn - <https://www.sololearn.com/>
- Khan Academy - <https://www.khanacademy.org/>
- Udemy: Online Courses - <https://www.udemy.com/>
- Office 365 Training Centre - <https://support.office.com/en-us/office-training-center>
- Microsoft Virtual Academy - <https://docs.microsoft.com/en-us/learn/>
- Google Digital Garage Course Certification - <https://learndigital.withgoogle.com/digitalgarage>
- Google AdWord& Other Certifications- <https://skillshop.exceedlms.com/student/catalog>
- Facebook Blueprint - <https://www.facebook.com/business/learn>

*Should you need any assistance, please do feel free to contact our Duty Manager by pressing "0" from your room's guest phone.*

Do follow us on our social media:

